# Timber Ridae Assisted Livina in McKinleyville

	mber Au	rge Assis	ieu Livii	ig in Jylc.	Atmegvi	ue
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Individual Activities	20 <u>Individual Activities</u>	Individual Activities	Individual Activities 22	23 Individual Activities	24 Individual Activities	25 Individual Activities
Puzzles in the Sunroom	Puzzles in the Sunroom	Puzzles in the Sunroom	Puzzles in the Sunroom	Puzzles in the Sunroom	Puzzles in the Sunroom	Puzzles in the Sunroom
Library-Read a Book	Library-Read a Book	Library-Read a Book	Library-Read a Book	Library-Read a Book	Library-Read a Book	Library-Read a Book
Board Busters in the Activity Room	Board Busters in the Activity Room	Board Busters in the Activity Room	Board Busters in the Activity Room	Board Busters in the Activity Room	Board Busters in the Activity Room	Board Busters in the Activity Room
	Group Activities Morning	Group Activities Morning	Group Activities Morning	Group Activities  Morning	Group Activities  Morning	Group Activities Morning
	9:00 A.M. Balloonatics (Activity Room)	9:00 A.M. Tai Chi (Activity Room)	9:15 A.M. Exercises (Activity Room)	9:00 A.M. Tai Chi (Activity Room)	9:15 A.M. Exercises (Activity Room)	9:00 A.M. Balloonatics (Activity Room)
	9:00 A.M. to 10:00 A.M. General Store (Activity Room)	9:30 A.M. Back Massages (Fireside Room)	10:00 A.M. Book Buddies (Activity Room)	10:00 A.M 11:00 A.M. General Store (Activity Room)	10:00 A.M. Bingo (Activity Room)	10:00 A.M. Humboldt Ukulele Group (Activity Room)
	10:00 A.M. Bingo (Activity Room)	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon
3:30 P.M. Worship	Group Activities Afternoon	1:00 P.M. Scrabble (Activity Room)	1:00 P.M. Can You Say Cheese Please Day! (Activity Room)	1:00 P.M. Piano with Diane (Activity Room)	12:30 P.M. Scenic Drive (Front Desk)	1:00 P.M. Bingo (Activity Room)
Service with Pastor Chuck (Activity Room) On This Day in History: 1862 – The Battle of Mill Springs took place in Kentucky during the American Civil War. Union forces, led by Major General George H. Thomas	1:00 P.M. Big Screen Movie: Two Brothers (Activity Room) On This Day in History: 1981 — Iran released 52 American hostages who had been in captivity for 444 days. The release agreement was signed on January 19.	On This Day in History: 1937 — Count Basie and his orchestra recorded "One o'	3:00 P.M. Music with Mary (Activity Room) On This Day in History: 1970 – The first commercial Boeing 747 flight took place, with Pan American World Airways.	2:00 P.M.Accordionaires (Activity Room) On This Day in History: 1971 – The record for coldest temperature ever in the U.S, was set in Prospect, Alaska. The temperature that day plummeted to -80° F	3:00 P.M. Jazz Trio (Activity Room)  On This Day in History: 1965 – Sir Winston Churchill, the former British prime minister passed away at the age of 90.	On This Day in History: 1964 – Blue Ribbon Sports, the precursor to Nike, was founded by University of Oregon track coach Bill Bowerman and his former student, Phil Knight.

### January 2025

	<u> Timber R</u>	lidge Rev	iaissance	e in McK	inleyvill	e
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Individual Activities Puzzles	Individual Activities Puzzles	Individual Activities Puzzles	Individual Activities Puzzles	Individual Activities Puzzles	Individual Activities Puzzles	Individual Activities Puzzles
Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art
Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks
Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket
	Group Activities Morning	Group Activities Morning	Group Activities  Morning	Group Activities Morning	Group Activities Morning	Group Activities  Morning
	8:45 P.M. Noodles	8:45 P.M. Balloonatics	8:45 P.M. Noodles	8:45 A.M. Balloonatics	8:45 A.M. Noodles	8:45 A.M. Balloonatics
	9:30 A.M. Watercolors with Sydney	10:00 A.M. Art with Sydney and Katie	10:00 A.M. 5 Card Draw	10:00 A.M. Guess Who?	10:00 A.M. Memory Magic	10:00 A.M. Color My World
	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon
	1:30 P.M. 30 Ball Bingo	1:00 P.M. January Snowman Craft!	1:00 P.M Conversation Cards	1:00 P.M. Music with Kim	12:30 P.M. Scenic Drive	2:00 P.M. Cookie Baking with Kim
		3:00 P.M. Timber Ridge Boys (Activity Room)	3:00 P.M. Music with Mary (Activity Room)	3:00 P.M.Accordionaires (Activity Room)	3:00 P.M. Jazz Trio (Activity Room)	
George H. Thomas	been in captivity for 444	On This Day in History: 1937 — Count Basie and his orchestra recorded "One o' Clock Jump," a lively, swinging instrumental that became Basie's signature tune	On This Day in History: 1970 – The first commercial Boeing 747 flight took place, with Pan American World Airways flying from New York to London	coldest temperature ever in the United States was set in Prospect Creek, Alaska. The	On This Day in History: 1965 – Sir Winston Churchill, the former British prime minister and leader during World War II, passed away at the age of 90.	On This Day in History: 1964 – Blue Ribbon Sports, the precursor to Nike, was founded by University of Oregon track coach Bill Bowerman and his former student, Phil Knight.

following day. **Activities Are Subject to Change** 

### January 2025

### Timber Ridge Assisted Living in Eureka

Sunday Monday Tuesday Wednesday Thursday Friday Saturday 21 22 23 24 **Individual Activities Individual Activities Individual Activities Individual Activities Individual Activities Individual Activities Individual Activities** Puzzles in the Sunroom Library-Read a Book Board Busters in the **Activity Room Activity Room** Activity Room **Activity Room Activity Room** Activity Room Activity Room **Group Activities Group Activities Group Activities Group Activities Group Activities Group Activities** Morning Morning Morning Morning Morning Morning 9:30 A.M. Exercises (Activity Room) (Activity Room) (Activity Room) (Activity Room) (Activity Room) (Activity Room) 10:00 A.M. Bingo 10:00 A.M. Bingo 10:00 A.M. Bingo 10:00 A.M. Back 10:00 A.M. Scenic Drive 10:00 A.M. Bingo (Activity Room) (Activity Room) (Activity Room) Massages (Front Desk) (Activity Room) (Activity Room) **Group Activities Group Activities Group Activities Group Activities Group Activities Group Activities** Afternoon Afternoon Afternoon Afternoon Afternoon Afternoon 1:00 P.M. Can You Sav 1:00 P.M. Reading with 12:30 P.M. to 1:00 P.M. 1:00 P.M. Big Screen 1:00 P.M. Reading with 1:00 P.M. to 1:30 P.M. Cheese, Please! Peter General Store Movie: Sully Peter **General Store** (Activity Room) (Activity Room) (Activity Room) (Activity Room) (Activity Room) (Activity Room) 2:30 P.M. Scrabble 3:00 P.M. Flower 3:00 P.M. Sign (Activity Room) Arranging 4:00 P.M. Bear River Language (Activity Room) Casino On This Day in History: On This Day in History: (Fireside Room On This Day in History: On This Day in History: (Front Desk) 1971 – The record for 1964 – Blue Ribbon Sports. 1862 — The Battle of Mill On This Day in History: 1937 - Count Basie and his On This Day in History: coldest temperature ever in the precursor to Nike, was On This Day in History: Springs took place in **1981** – Iran released 52 orchestra recorded "One o' the United States was set in 1970 – The first commercial founded by University of **1965** – Sir Winston Kentucky during the Clock Jump," a lively tune Prospect Creek, Alaska. The American hostages who had Boeing 747 flight took place, Oregon track coach Bill Churchill, the former British American Civil War. Union that became Basie's temperature that day been in captivity for 444 Bowerman and his former with Pan American World prime minister, passed away forces, led by Major General

Airways flying from New York

plummeted to -80° F

at the age of 90.

student, Phil Knight.

**Activities Are Subject to Change** 

George H. Thomas

days.

signature song.

## January 2025 Timber Ridge Renaissance

Timber Riage Renaissance in Eureka							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
19 Individual Activities	Individual Activities	Individual Activities	Individual Activities	23 Individual Activities	24 <u>Individual Activities</u>	25 Individual Activities	
Puzzles	Puzzles	Puzzles	Puzzles	Puzzles	Puzzles	Puzzles	
Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art	
Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	
Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket	
	Group Activities  Morning	Group Activities Morning	Group Activities Morning	Group Activities Morning	Group Activities Morning	Group Activities Morning	
	9:00 A.M. Exercises	9:00 A.M. Exercises	9:00 A.M. Exercises	9:00 A.M. Exercises	9:00 A.M. Exercises	9:00 A.M. Exercises	
	10:00 A.M. Card Shark With Kim	11:00 A.M. Memory Magic	11:00 A.M. In the News	11:00 A.M. Five Card Draw	10:00 A.M. Scenic Drive	11:00 A.M. Color My World	
	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	
	12:30 P.M. Watercolors with Natalie	1:30 P.M. Music with Kim	12:30 P.M. Snowflake Art	2:00 P.M. Cookie Baking with Felisity- Monster Cookies	12:30 P.M. 30 Ball Bingo	2:00 P.M. Puzzle Me This?	
	2:30 P.M. 30 Ball Bingo	2:30 P.M Card Shark	2:30 P.M. Nails with Natalie		2:30 P.M. Snack & Chat		
On This Day in History:  1862 – The Battle of Mill Springs took place in	On This Day in History:	On This Day in History: 1937 — Count Basie and	On This Day in History: 1970 – The first	On This Day in History: 1971 – The record for	On This Day in History: 1965 – Sir Winston	del	
Kentucky during the American Civil War. Union forces, led by Major General George H. Thomas	1981 — Iran released 52 American hostages who had been in captivity for 444 days.	his orchestra recorded "One o' Clock Jump," a lively, swinging instrumental that became Basie's signature tune	commercial Boeing 747 flight took place, with Pan American World Airways flying from New York to	coldest temperature ever in the United States was set in Prospect Creek, Alaska. The temperature that day	Churchill, the former British prime minister and leader during World War II, passed away at the age of 90.	On This Day in History: 1964 – Blue Ribbon Sports, the precursor to Nike, was founded.	

**Activities Are Subject to Change** 

HAPPY BIRTHDAY THIS WEEK TO: Melody Y.- January 20th