



September 2024

Timber Ridge Assisted Living in McKinleyville



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities
Puzzles in the Sunroom	Puzzles in the Sunroom	Puzzles in the Sunroom	Puzzles in the Sunroom	Puzzles in the Sunroom	Puzzles in the Sunroom	Puzzles in the Sunroom
Library-Read a Book	Library-Read a Book	Library-Read a Book	Library-Read a Book	Library-Read a Book	Library-Read a Book	Library-Read a Book
Board Busters in the Activity Room	Board Busters in the Activity Room	Board Busters in the Activity Room	Board Busters in the Activity Room	Board Busters in the Activity Room	Board Busters in the Activity Room	Board Busters in the Activity Room
	Group Activities Morning	Group Activities Morning	Group Activities Morning	Group Activities Morning	Group Activities Morning	Group Activities Morning
	9:00 A.M. Balloonatics (Activity Room)	9:00 A.M. Tai Chi (Activity Room)	9:15 A.M. Exercises (Activity Room)	9:00 A.M. Tai Chi (Activity Room)	9:15 A.M. Exercises (Activity Room)	9:00 A.M. Balloonatics (Activity Room)
	9:00 A.M. to 10:00 A.M. General Store	10:00 A.M. Bingo (Activity Room)	10:00 A.M. Catholic Mass (Activity Room)	10:00 A.M. General Store (Activity Room)	10:00 A.M. Scrabble (Activity Room)	10:00 A.M. Bingo (Activity Room)
	10:00 A.M. Bingo (Activity Room)	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon
	1:00 P.M. Big Screen Movie: The King and I	1:00 P.M. Wheel of Fortune (Activity Room)	1:00 P.M. Home Made Ice Cream! (Activity Room)	1:00 P.M. Book Buddies (Activity Room)	12:30 P.M. Scenic Drive (Front Desk)	2:00 P.M. Root Beer Floats on the Patio (Activity Room Patio)
		3:00 P.M. Timber Ridge Boys (Activity Room)	3:00 P.M. Music Mary (Activity Room)	3:00 P.M. Dessert First (Activity Room)	2:00 P.M. Resident Council Meeting (Activity Room)	
On This Day in History: 1985 – The wreck of the Titanic was seen for the first time since it sank in 1912. The team was led by American Robert Ballard.	On This Day in History: 1945 – Japanese troops officially surrendered to the Allies aboard the battleship USS Missouri in Tokyo Bay.	On This Day in History: 1777 – The American flag was first flown in battle during the Revolutionary War.	On This Day in History: 2014- Legendary comedienne Joan Rivers died at the age of 81 in New York. She was one of the first women to perform stand-up comedy.	On This Day in History: 1877 – Crazy Horse an Oglala Sioux Chief as killed. He was one of the Sioux leaders who helped defeat George Armstrong Custer at the battle of Little Bighorn.	On This Day in History: 1916 – The first supermarket, Piggly Wiggly was opened by Clarence Saunders in Memphis Tennessee.	On This Day in History: 1813 – The United States for the nickname “Uncle Sam” from Samuel Wilson who was a butcher who supplied meat during the War of 1812. The barrels of meat were stamped with U.S. and the soldiers referred to it as “Uncle Sam’s”.

Activities Are Subject to Change

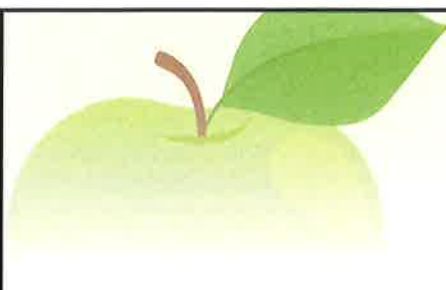
HAPPY BIRTHDAY THIS WEEK TO: Pat W. on the 4th!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities	Individual Activities
Puzzles	Puzzles	Puzzles	Puzzles	Puzzles	Puzzles	Puzzles
Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art
Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks
Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket
 SEPTEMBER	Group Activities Morning	Group Activities Morning	Group Activities Morning	Group Activities Morning	Group Activities Morning	Group Activities Morning
	8:45 A.M. Balloonatics (Activity Room)	8:45 A.M. Noodles	8:45 A.M. Balloonatics	8:45 A.M. Noodles	8:45 A.M. Noodles	8:45 A.M. Balloonatics
	9:30 A.M. Watercolors with Sydney	10:00 A.M Color my World	10:00 A.M. 30 Ball Bingo	9:30 A.M. Book Buddies	10:00 A.M. Memory Magic	10:00 A.M. Art with Caregivers
	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon	Group Activities Afternoon
	1:30 P.M. 30 Ball Bingo	1:00 P.M Patio Time and Stories	3:00 P.M Music with Mary (Activity Room)	12:30 P.M. to 1:30 P.M. General Store	12:30 P.M. Scenic Drive (Front Desk)	1:00 P.M. Root Beer Floats on the Patio
On This Day in History: 1985 – The wreck of the Titanic was seen for the first time since it sank in 1912. The team was led by American Robert Ballard.	 On This Day in History: 1945 – Japanese troops officially surrendered to the Allies aboard the battleship USS Missouri in Tokyo Bay.	On This Day in History: 1777 – The American flag was first flown in battle during the Revolutionary War.	On This Day in History: 2014 - Legendary comedienne Joan Rivers died at the age of 81 in New York. She was one of the first women to perform stand-up comedy.	On This Day in History: 1877 – Crazy Horse an Oglala Sioux Chief as killed. He was one of the Sioux leaders who helped defeat George Armstrong Custer at the battle of Little Bighorn.	On This Day in History: 1916 – The first supermarket, Piggly Wiggly was opened by Clarence Saunders in Memphis Tennessee. The Chain is still operating throughout the American South.	On This Day in History: 1813 – The United States for the nickname “Uncle Sam” from Samuel Wilson who was a butcher who supplied meat during the War of 1812. The barrels of meat were stamped with U.S. and the soldiers


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Timber Ridge Assisted Living in Eureka

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1	2	3	4	5	6	7
<u>Individual Activities</u>	<u>Individual Activities</u>	<u>Individual Activities</u>	<u>Individual Activities</u>	<u>Individual Activities</u>	<u>Individual Activities</u>	<u>Individual Activities</u>
Puzzles	Puzzles	Puzzles	Puzzles	Puzzles	Puzzles	Puzzles
Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art	Doodle Art
Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks	Build A Blocks
Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket	Folding Basket
	<u>Group Activities Morning</u>	<u>Group Activities Morning</u>	<u>Group Activities Morning</u>	<u>Group Activities Morning</u>	<u>Group Activities Morning</u>	<u>Group Activities Morning</u>
	8:45 A.M. Exercises	8:45 A.M. Exercises	8:45 A.M. Exercises	8:45 A.M. Exercises	8:45 A.M. Exercises	8:45 A.M. Balloonatics
	10:00 A.M. Watercolors	10:00 A.M. Color my World	10:00 A.M.	10:00 A.M. Book Buddies	10:00 A.M. Scenic Drive	10:00 A.M.
	<u>Group Activities Afternoon</u>	<u>Group Activities Afternoon</u>	<u>Group Activities Afternoon</u>	<u>Group Activities Afternoon</u>	<u>Group Activities Afternoon</u>	<u>Group Activities Afternoon</u>
	1:00 P.M. 30 Ball Bingo	1:00 P.M. Patio Time	2:00 P.M.. Snack and Chat	12:30 P.M. to 1:30 P.M. General Store	1:00 P.M. 30 Ball Bingo	2:00 P.M. Cookies on the Patio
On This Day in History: 1985 – The wreck of the Titanic was seen for the first time since it sank in 1912. The team was led by American Robert Ballard.	On This Day in History: 1945 – Japanese troops officially surrendered to the Allies aboard the battleship USS Missouri in Tokyo Bay.	On This Day in History: 1777 – The American flag was first flown in battle during the Revolutionary War.	On This Day in History: 2014- Legendary comedienne Joan Rivers died at the age of 81 in New York. She was one of the first women to perform stand-up comedy.	On This Day in History: 1877 – Crazy Horse an Oglala Sioux Chief as killed. He was one of the Sioux leaders who helped defeat George Armstrong Custer at the battle of Little Bighorn.	On This Day in History: 1916 – The first supermarket, Piggly Wiggly was opened by Clarence Saunders in Memphis Tennessee. The Chain is still operating throughout the American South.	On This Day in History: 1813 – The United States for the nickname “Uncle Sam” from Samuel Wilson who was a butcher who supplied meat during the War of 1812. The barrels of meat were stamped with U.S. and the soldiers referred to it as “Uncle Sam’s”.

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1	2	3	4	5	6	7
<p>Individual Activities</p> <p>Puzzles in the Sunroom</p> <p>Library-Read a Book</p> <p>Board Busters in the Activity Room</p>   <p>On This Day in History: 1985 – The wreck of the Titanic was seen for the first time since it sank in 1912. The team was led by American Robert Ballard.</p>	<p>Individual Activities</p> <p>Puzzles in the Sunroom</p> <p>Library-Read a Book</p> <p>Board Busters in the Activity Room</p> <p>Group Activities Morning</p> <p>9:00 A.M. Exercises (Activity Room)</p> <p>10:00 A.M. Bingo (Activity Room)</p> <p>Group Activities Afternoon</p> <p>1:00 P.M. Big Screen Movie: The Hill</p>  <p>On This Day in History: 1945 – Japanese troops officially surrendered to the Allies aboard the battleship USS Missouri in Tokyo Bay.</p>	<p>Individual Activities</p> <p>Puzzles in the Sunroom</p> <p>Library-Read a Book</p> <p>Board Busters in the Activity Room</p> <p>Group Activities Morning</p> <p>9:00 A.M. Exercises (Activity Room)</p> <p>10:00 A.M. General Store (Activity Room)</p> <p>Group Activities Afternoon</p> <p>1:00 P.M. Reading with Peter (Activity Room)</p> <p>3:00 P.M. September Wheel of Fortune (Activity Room)</p> <p>On This Day in History: 1777 – The American flag was first flown in battle during the Revolutionary War.</p>	<p>Individual Activities</p> <p>Puzzles in the Sunroom</p> <p>Library-Read a Book</p> <p>Board Busters in the Activity Room</p> <p>Group Activities Morning</p> <p>9:00 A.M. Exercises (Activity Room)</p> <p>10:00 A.M. Bingo (Activity Room)</p> <p>Group Activities Afternoon</p> <p>1:00 P.M. Scrabble (Activity Room)</p> <p>3:00 P.M. Root Beer Floats on the Patio (Dining Room Patio)</p> <p>On This Day in History: 2014- Legendary comedienne Joan Rivers died at the age of 81 in New York. She was one of the first women to perform stand-up comedy.</p>	<p>Individual Activities</p> <p>Puzzles in the Sunroom</p> <p>Library-Read a Book</p> <p>Board Busters in the Activity Room</p> <p>Group Activities Morning</p> <p>9:00 A.M. Exercises (Activity Room)</p> <p>10:00 A.M. Bingo (Activity Room)</p>  <p>On This Day in History: 1877 – Crazy Horse an Oglala Sioux Chief as killed. He was one of the Sioux leaders who helped defeat George Armstrong Custer at the battle of Little Bighorn.</p>	<p>Individual Activities</p> <p>Puzzles in the Sunroom</p> <p>Library-Read a Book</p> <p>Board Busters in the Activity Room</p> <p>Group Activities Morning</p> <p>9:00 A.M. Exercises (Activity Room)</p> <p>10:00 A.M. Scenic Drive (Front Desk)</p> <p>Group Activities Afternoon</p> <p>1:00 P.M. Reading with Peter (Activity Room)</p> <p>On This Day in History: 1916 – The first supermarket, Piggly Wiggly was opened by Clarence Saunders in Memphis Tennessee</p>	<p>Individual Activities</p> <p>Puzzles in the Sunroom</p> <p>Library-Read a Book</p> <p>Board Busters in the Activity Room</p> <p>Group Activities Morning</p> <p>9:00 A.M. Exercises (Activity Room)</p> <p>10:00 A.M. Bingo (Activity Room)</p>  <p>On This Day in History: 1813 – The United States for the nickname “Uncle Sam” from Samuel Wilson who was a butcher who supplied meat during the War of 1812. The barrels of meat were stamped with U.S. and the soldiers referred to it as “Uncle Sam’s”.</p>

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