


March 2024

Timber Ridge Assisted Living in McKinleyville


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 Individual Activities Puzzles in the Sunroom Library-Read a Book Board Busters in the Activity Room  SPRING FORWARD <small>SET CLOCKS AHEAD ONE HOUR</small> On This Day in History: 1997 – The PalmPilot, a small handheld digital organizer invented by Jeffrey Hawkins, was released. The PalmPilot was considered the first popular personal digital assistant (PDA), a precursor to smartphones.	11 Individual Activities Puzzles in the Sunroom Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:00 A.M. Balloonatics (Activity Room) 9:00 A.M. to 10:00 A.M. General Store 10:00 A.M. Bingo (Activity Room) Group Activities Afternoon 1:00 P.M Big Screen Movie: The Inn of the Sixth Happiness (Activity Room) On This Day in History: 1818 – Mary Shelley published her novel Frankenstein at the age of 21.	12 Individual Activities Puzzles in the Sunroom Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:00 A.M. Tai Chi (Activity Room) 9:30 A.M Back Massages (Fireside Room) Group Activities Afternoon 1:00 P.M. Shamrock Shakes and Blarney (Activity Room) 3:00 P.M. Music with Mary (Activity Room) On This Day in History: 1930 – Spiritual and political leader Mohandas Gandhi began his 240-mile march to the sea that symbolized his defiance of British rule over India.	13 Individual Activities Puzzles in the Sunroom Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:15 A.M. Exercises (Activity Room) 10:00 A.M. Bingo (Activity Room) Group Activities Afternoon 2:00 P.M. March Jeopardy (Activity Room) On This Day in History: 1639 – The New College in Cambridge, Massachusetts, changed its name to Harvard College in honor of deceased clergyman John Harvard, who had bequeathed his entire library and half of his monetary estate to the school.	14 Individual Activities Puzzles in the Sunroom Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:00 A.M. Tai Chi (Activity Room) 10:00 A.M. Book Buddies (Activity Room) Group Activities Afternoon 12:30 P.M. to 1:30 P.M. General Store (Activity Room) 2:00 P.M. Accordionaires (Activity Room) On This Day in History: 1794 – Eli Whitney patented his cotton gin. The machine would make growing cotton profitable.	15 Individual Activities Puzzles in the Sunroom Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:00 A.M. Scenic Drive (Front Desk) 10:00 A.M. Poker Group (Activity Room) Group Activities Afternoon 1:00 P.M. Scrabble (Activity Room) 3:00 P.M. Shopping at Dollar Tree (Front Desk) On This Day in History: 44 BC – Beware the Ides of March. Julius Caesar was stabbed to death by a group of senators, including Brutus and Cassius, who feared that Caesar's power would lead him to overthrow the Senate.	16 Individual Activities Puzzles in the Sunroom Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:00 A.M. Balloonatics (Activity Room) 10:00 A.M. Bingo (Activity Room) Group Activities Afternoon 2:00 P.M. St. Patrick's Day Party (Activity Room) On This Day in History: 1802 – President Thomas Jefferson signed legislation establishing the U.S. Military Academy at West Point. The academy is located on scenic high ground overlooking the Hudson River, 50 miles north of New York City.

Activities Are Subject To Change



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Timber Ridge Renaissance in McKinleyville

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Individual Activities 10</div> <div> Puzzles Doodle Art Build A Blocks Folding Basket </div> <div>  </div> <div> On This Day in History: 1997 – The PalmPilot, a small handheld digital organizer invented by Jeffrey Hawkins, was released. The PalmPilot was considered the first popular personal digital assistant (PDA), a precursor to smartphones. </div>	<div>Individual Activities 11</div> <div> Puzzles Doodle Art Build A Blocks Folding Basket </div> <div> Group Activities Morning 9:00 A.M. Balloonatics 9:00 A.M. to 10:00 A.M. General Store 10:00 A.M. Roll A Leprechaun </div> <div> Group Activities Afternoon 1:00 P.M. 30 Ball Bingo </div> <div> On This Day in History: 1818 – Mary Shelley published her novel Frankenstein at the age of 21. It is often called the world's first science-fiction novel. </div>	<div>Individual Activities 12</div> <div> Puzzles Doodle Art Build A Blocks Folding Basket </div> <div> Group Activities Morning 9:00 A.M. Exercises 9:30 A.M. Book Buddies </div> <div> Group Activities Afternoon 1:00 P.M. Baking with Tammy- Pistachio Pudding 3:00 P.M. Music with Mary (Activity Room) </div> <div> On This Day in History: 1930 – Spiritual and political leader Mohandas Gandhi began his 240-mile march to the sea that symbolized his defiance of British rule over India. </div>	<div>Individual Activities 13</div> <div> Puzzles Doodle Art Build A Blocks Folding Basket </div> <div> Group Activities Morning 9:00 A.M. Balloonatics 10:00 A.M. Watercolors-Lucky Hat </div> <div> Group Activities Afternoon 1:00 P.M. Over the Rainbow Art </div> <div> On This Day in History: 1639 – The New College in Cambridge, Massachusetts, changed its name to Harvard College in honor of deceased clergyman John Harvard, who had bequeathed his entire library and half of his monetary estate to the school. </div>	<div>Individual Activities 14</div> <div> Puzzles Doodle Art Build A Blocks Folding Basket </div> <div> Group Activities Morning 9:00 A.M. Exercises 10:00 A.M. Dot to Dot- St. Patrick's Day </div> <div> Group Activities Afternoon 12:30 P.M. to 1:30 P.M. General Store (Activity Room) 3:00 P.M. Accordionaires (Activity Room) </div> <div> On This Day in History: 1794 – Eli Whitney patented his cotton gin. The machine would make growing cotton profitable. </div>	<div>Individual Activities 15</div> <div> Puzzles Doodle Art Build A Blocks Folding Basket </div> <div> Group Activities Morning 9:00 A.M. Scenic Drive 10:00 A.M. Conversation Cards </div> <div> Group Activities Afternoon 1:00 P.M. 30 Ball Bingo </div> <div> On This Day in History: 44 BC – Beware the Ides of March. Julius Caesar was stabbed to death by a group of senators, including Brutus and Cassius, who feared that Caesar's power would lead him to overthrow the Senate. </div>	<div>Individual Activities 16</div> <div> Puzzles Doodle Art Build A Blocks Folding Basket </div> <div> Group Activities Morning 9:00 A.M. Balloonatics (Activity Room) 10:00 A.M. Bingo (Activity Room) </div> <div> Group Activities Afternoon 2:00 P.M. St Patrick's Day Party (Activity Room) </div> <div> On This Day in History: 1802 – President Thomas Jefferson signed legislation establishing the U.S. Military Academy at West Point. The academy is located on scenic high ground overlooking the Hudson River, 50 miles north of New York City. </div>

March 2024

Timber Ridge Assisted Living in Eureka

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 Individual Activities Puzzles in the Act. Room Library-Read a Book Board Busters in the Activity Room  SPRING FORWARD <small>SET CLOCKS AHEAD ONE HOUR</small> On This Day in History: 1997 – The PalmPilot, a small handheld digital organizer invented by Jeffrey Hawkins, was released. The PalmPilot was considered the first popular personal digital assistant (PDA), a precursor to smartphones.	11 Individual Activities Puzzles in the Act. Room Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:30 A.M. Exercises (Activity Room) 10:00 A.M. to 10:30 A.M. General Store (Activity Room) Group Activities Afternoon 1:00 P.M Big Screen Movie: Gigi (Activity Room) On This Day in History: 1818 – Mary Shelley published her novel Frankenstein at the age of 21. It is often called the world's first science-fiction novel.	12 Individual Activities Puzzles in the Act. Room Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:30 A.M. Exercises (Activity Room) 10:00 A.M. Bingo (Activity Room) Group Activities Afternoon 1:00 P.M. Reading with Peter (Activity Room) 3:00 P.M. Timber Ridge Boys (Fireside Room) On This Day in History: 1930 – Spiritual and political leader Mohandas Gandhi began his 240-mile march to the sea	13 Individual Activities Puzzles in the Act. Room Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:30 A.M. Tai Chi with Jeffrey (Activity Room) 10:00 A.M. Bingo (Activity Room) Group Activities Afternoon 1:00 P.M. St. Patrick's Day Party (Activity Room) On This Day in History: 1639 – The New College in Cambridge, Massachusetts, changed its name to Harvard College in honor of deceased clergyman John Harvard, who had bequeathed his entire library to the school.	14 Individual Activities Puzzles in the Act. Room Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:30 A.M. Exercises (Activity Room) 10:00 A.M. Back Massages (Fireside Room) Group Activities Afternoon 1:00 P.M. to 1:30 P.M. General Store (Activity Room) 3:00 P.M. Shamrock Shakes and Blarney (Activity Room) 1794 – Eli Whitney patented his cotton gin.	15 Individual Activities Puzzles in the Act. Rm. Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:30 A.M. Exercises (Activity Room) 11:00 A.M. Food and Fun at Bear River Casino (Front Desk) Group Activities Afternoon 1:00 P.M. Reading with Peter (Activity Room) 3:00 P.M. Sign Language (Activity Room) On This Day in History: 44 BC – Beware the Ides of March. Julius Caesar was stabbed to death by a group of senators who feared that Caesar's power would lead him to overthrow the Senate.	16 Individual Activities Puzzles in the Act. Rm. Library-Read a Book Board Busters in the Activity Room Group Activities Morning 9:30 A.M. Exercises (Activity Room) 10:00 A.M. Bingo (Activity Room) Group Activities Afternoon 2:00 PM. Scrabble (Activity Room) On This Day in History: 1802 – President Thomas Jefferson signed legislation establishing the U.S. Military Academy at West Point. The academy is located on scenic high ground overlooking the Hudson River, 50 miles north of New York City.

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