



SENIOR LIVING IS COMFORT, CARE, AND COMMUNITY.

RESIDENT HANDBOOK

A WESTERN LIVING CONCEPTS ASSISTED LIVING EXPERIENCE

RCFE LICENSE #'s: EUREKA #126801366 • MCKINLEYVILLE #126801366
RENAISSANCE #125000592 • VINE RIDGE #496803825

The background of the entire page is a close-up, high-resolution image of a wood grain. The wood has a rich, warm brown color with prominent, wavy vertical lines and some darker, more textured areas, giving it a natural and organic feel.

WELCOME TO TIMBER RIDGE

Thank you for your interest in Timber Ridge Assisted Living. We are pleased to introduce to you the premiere assisted living facility on the Northcoast. Once you have taken a tour and have glimpsed the lifestyle seniors enjoy at Timber Ridge, we think you'll agree that nothing else compares.

We Are Here To Help. Please Call If We Can Be Of Any Assistance To You.



CHOICE

Each resident receives a personalized service plan developed through the participation of the resident, their family and facility staff. The plan identifies specific needs and allows each resident to make choices on how those needs are met.

DIGNITY

Our staff is uniquely trained to respect the rights of our residents. Our aim is to develop ways to meet the resident's changing needs. Courtesy, respect and privacy are cornerstones of timber ridge. Every resident has a private suite or bedroom to furnish and decorate with personal belongings.

PERSONAL CARE

Timber ridge has a highly qualified 24-hour personal care team. Accurately managing medications from multiple physicians and pharmacies is essential to quality care. The timber ridge state of the art code alert emergency call system allows residents to live in the privacy of their home. Each resident is provided with a pendant (worn around the neck) that can alert personal caregivers if the resident is requesting assistance. We can locate a resident anywhere inside or outside the building (within a few hundred feet). In addition, each public and private bathroom is equipped with an emergency pull cord.

INDIVIDUALITY

We believe that each resident is unique. Organized social and recreational programs are designed to take into account the wide variety of interests shown by our residents. We strive to provide each resident an opportunity to enrich and enjoy life in a way that is both interesting and appealing.

HOME

Timber Ridge provides the characteristics one expects to find in a distinctive home. Each apartment includes an individual kitchenette, wall-to-wall carpeting, window treatments, full size bathrooms, individual heating and an emergency call system. Common areas feature a restaurant style dining room, a private dining room for special occasions, a library, wellness center, activity center lounge, and day areas. Our easily accessible courtyard and resident garden allows for a nice place to enjoy a wonderful afternoon with friends and family.



ABOUT TIMBER RIDGE

We recognize that choosing the right assisted living facility for yourself, your parent or loved one is a very emotional and important decision. At Timber Ridge we are here to answer your questions, provide tours or introduce you to our staff. Below are answers to some commonly asked questions.

WHAT IS TIMBER RIDGE?

Timber Ridge is a fully licensed residential care facility serving Humboldt County. Timber Ridge is designed to encourage and support residents to lead independent lives, while providing necessary assistance with activities of daily living. Residents are not “patients” but members of a residential community who enjoy the comforts of a caring environment.

HOW MUCH DOES LIVING AT TIMBER RIDGE COST?

Shared suites including three meals per day start at just \$2,415 per month. When comparing facilities for your loved one, keep in mind that many of our services are included in our base rate at Timber Ridge (see our Amenities and Services information sheet). A note of caution: Many facilities will quote a monthly rate to potential residents then charge extra for daily services. We believe it is more realistic to accept that residents are here because they need some assistance and therefore many of our services are included in the monthly rate.

ARE THERE DIFFERENT LEVELS OF CARE AVAILABLE?

Yes. At Timber Ridge we offer various services and plans designed to fit the changing needs of each resident. Residents pay only for the services they receive.

DOES TIMBER RIDGE ACCOMMODATE SPECIAL DIETS?

Yes. We make every effort to meet the special dietary needs of our residents.

Will I be able to keep my pet?

Yes. Timber Ridge offers the privileges of home, because it is home. All pets must be pre-approved by management and pet care must be managed by the resident.

IF I CHOOSE TIMBER RIDGE, HOW MUCH FREEDOM OR INDEPENDENCE WILL I STILL HAVE?

Your independence or freedom is up to the resident. The best answer would be as much as you want or as much as you need. Living at Timber Ridge affords all the privacy and independence of living in a luxury apartment complete with your own concierge. Choose the living arrangement that personally suits you – from an economical single room with shared kitchenette to a spacious three bedroom apartment. Furnish it with your own belongings – even pets are welcome! Once you're settled in, our staff is here when you need us. Enjoy healthy, delicious dining in our award-winning dining room. Drive your own car or catch a ride downtown to shop with friends. Be pampered in our in-house beauty salon. Enjoy group activities and outings – or all of the quiet privacy you want. Should you need assistance, we also have fully trained caregivers available at the push of a button.

CAN I CHOOSE FROM MORE THAN ONE FLOOR PLAN?

Yes. Timber Ridge has studios, one-bedroom and shared suites with private bedrooms, each with a variety of views. There are five floor plans to select from. (See the accompanying packet).

WHO ARE THE FOUNDERS OF TIMBER RIDGE?

Timber Ridge was founded in 1995 by two local Humboldt County couples, Dr. Dan & Larona Farnum and Dan & Kendra Johnson. They formed the assisted living management company; Western Living Concepts, which oversees all Timber Ridge facilities.



ABOUT TIMBER RIDGE

WHO DETERMINES THE ASSISTED SERVICES A RESIDENT WILL REQUIRE?

This is determined prior to move-in through an individual evaluation by Timber Ridge's professional staff and the resident's own personal physicians. Periodic resident evaluations will occur on a routine basis, or as needed.

WHAT TYPE OF MEAL SERVICE IS PROVIDED?

Timber Ridge provides three specially prepared meals each day in the beautiful restaurant-style Timber Ridge dining room. Residents and guests are served waiter/waitress style and are often serenaded by our wonderful "player" grand piano. Our info sheet on dining provides a sample menu plan and additional information.

WILL I BE ABLE TO HAVE GUESTS?

Absolutely. Timber Ridge welcomes family and friends who want to stay overnight, space permitting. Not all floor plans will accommodate guests and there are no "guest rooms." There is also a private dining room for special occasions, as well as a private living room where residents can entertain visitors.

WHAT TYPE OF TRANSPORTATION IS PROVIDED?

The Timber Ridge passenger bus provides scheduled transportation to a variety of locations, including physician appointments and field trips to the mall, library, local parks and community activities. The bus is equipped with a motorized lift to accommodate wheelchairs.



SERVICES & AMENITIES

Living at Timber Ridge provides seniors with numerous lifestyle amenities, the majority of which are included in our base living rate. These include private mailboxes, laundry room, hair salon, cable television, house cleaning and transportation to appointments. Keeping our seniors active and involved is an important part of helping them to stay healthy and happy. We schedule regular “field trips” for residents so that they can enjoy shopping, museums, special events and the many amenities of North Coast living. You are welcome to visit our facilities. Individual tours of Timber Ridge are available daily for your convenience.

SERVICES

Assistance with medications • Regular assistance with bathing & grooming
Daily assistance with dressing & toiletry • Housekeeping services including heavy linens • Escorting to & from meals & other activities • Three daily restaurant-style meals • 24-hour juice and snack bar • Accommodating special diets as prescribed by a physician • Scheduled transportation • Utilities (except cable TV and telephone) • Complimentary residential laundry facilities

FEATURES & AMENITIES

Individual temperature controls in each suite • Activities room/ice cream social room • Beauty/barber shop • Community kitchen • Sun room with adjoining outside patio • Computer/library room • Dining Room with adjoining outdoor patios east and west • Fireside lounge • Planned activities • Private dining room for guests • Private living room for guests • Scheduled entertainment • Kitchenettes in every suite • Private whirlpool bath
Pets welcome • Overnight guests welcome

FEATURES & AMENITIES

Jacuzzi whirlpool bath • Daily stretching & exercising
Walking club (including wheelchair residents) • Staying involved in community

STAYING ACTIVE AT TIMBER RIDGE

NOT ALL SENIORS ARE THE SAME

The residents at Timber Ridge constantly amaze staff and family members with the variety of their interests! Just view the creative entryways of the resident's apartments at Timber Ridge and you'll get an idea of what we are talking about.

SENIORS HAVING FUN

Our residents have a lot of fun! Each of our facilities employs a full-time activities director who regularly organizes activities like exercise classes, art classes, computer instruction and happy hour on Fridays and Tuesdays. They have also created a few other events that our residents look forward to...

- Senior proms aren't just for seniors in high school any longer. At least that's what the seniors at Timber Ridge Assisted Living would tell you! Each year Eureka and McKinleyville residents danced the night away to music from the 40's and 50's. Residents get dressed up, enjoy dancing and refreshments and have a wonderful time, that they talk about for years.
- Our annual Halloween parade is a great time for our residents. A number elementary schools visit us on Halloween day. Accompanied by their teachers and class aides, they display their costumes to the residents and enjoy the treats provided by Timber Ridge.





SENIOR LIVING AT ITS FINEST



- The end of summer at Timber Ridge brings the circus to town. For the past few years 'OK the Clown' has visited our residents and our kitchen staff have helped out by providing an array of corn dogs, baked potatoes, pink popcorn, lemonade and other fair food.
- Our Sweetheart Ball celebrates Valentine's Day in style. Our residents select a King and Queen and hold the title for an entire year. Dancing, great food, beautiful music. This is one of our most popular events.
- Shake, Rattle and Roll – Elvis is in town. Humboldt County is lucky to have a very talented Elvis Presley performer who has visited Timber Ridge annually to sing for residents. Accompanied by 50's style soda fountain drinks, this event is a keeper.

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A WELCOMING HOME

Choosing assisted living is never easy.
Experiencing the warmth of a caring
community can make all the difference.



SENIOR LIVING AT ITS FINEST
A WESTERN LIVING CONCEPTS ASSISTED LIVING EXPERIENCE

Timber Ridge Of Eureka
2740 Timber Ridge Lane
Eureka, CA 95503
Ph: 707.443.3000 | Fax:707.443.3027
RCFE Lic. # 125000579

Eureka Renaissance
2780 Timber Ridge Lane
Eureka, CA 95503
Ph: 707.443.3000 | Fax:707.443.3027
RCFE Lic. # 125000592

Timber Ridge Of McKinleyville
1400 Nursery Way
McKinleyville, CA 95519
Ph: 707.839.9100 | Fax:707.839.2981
RCFE Lic. # 126801366

Vine Ridge Senior Living
247 Treadway Drive
Cloverdale, CA 95425
Ph: 707.791.4787 | Fax:707.825.1916
RCFE Lic. # 496803825